

Solution

RALUCONOM+
L+++P+++O+
E++UIRISP+
N+PSENOCTR
SICORNEAIE
LERODS++CT
++Y+++++I
+++E+++++N
BINOCULARA
+NOISIV+++

Over,Down,Direction

BINOCULAR(1,9,E)
CONES(8,4,W)
CORNEA(3,5,E)
EYE(4,8,NW)
IRIS(5,3,E)
LENS(1,2,S)
MONOCULAR(9,1,W)
OPTIC(9,2,S)
PUPIL(5,2,SW)
RETINA(10,4,S)
RODS(3,6,E)
VISION(7,10,W)